



SEXY PEACH

Best Butt Ever.

Our expertise: Peachy Booty.

Unique crafted workout to shape your hottest asset in the best possible way. Lift, define and build strength in an integrated full body workout.

SE

BBE RECOMMENDATIONS

Classes:

BBE: BEST BUTT EVER

BBE + LONG & LEAN

BBE + ABS & ARMS

BBE + FIT & HIT

Booty tips:

If your goal is to **tone & lift**: make sure you eat protein right after the class and enough protein during the day.

If your goal is to **grow & lift**: eat enough carbs and protein after our BBE workout.

Challenge yourself, 30 day reset of SEXY PEACH.

